

## Aquatic Therapy Pool Schedule and Rules

Monday	Tuesday	Wednesday	Thursday	Friday
			8:00-8:55 <i>Open Pool</i>	
9:30-10:25 Physical Therapy	9:30-10:25 Physical Therapy	9:00-9:55 Physical Therapy	9:30-10:25 Physical Therapy	9:00-9:55 Physical Therapy
10:30-11:25 Physical Therapy	10:30-11:25 Physical Therapy	10:00-10:55 Physical Therapy	10:30-11:25 Physical Therapy	10:00-10:55 Physical Therapy
11:35-12:30 <i>Open Pool</i>	11:35-12:30 Darlene's Class		11:35-12:30 Darlene's Class	11:45-12:40 <i>Open Pool</i>
12:35-1:30 <i>Open Pool</i>	12:35-1:30 <i>Open Pool</i>	12:15-1:10 <i>Open Pool</i>	1:00-1:55 <i>Open Pool</i>	
2:00-2:55 <i>Open Pool</i>	1:30 -2:00 Physical Therapy	2:00-2:55 <i>Open Pool</i>	2:15-3:10 <i>Open Pool</i>	2:00-2:55 Physical Therapy
3:30-4:25 Physical Therapy	3:30-4:25 Physical Therapy	3:30-4:25 Physical Therapy	3:30-4:25 Physical Therapy	3:00-3:55 Physical Therapy
4:30-5:25 Physical Therapy	4:30-5:25 Physical Therapy	4:30-5:25 Physical Therapy	4:30-5:25 Physical Therapy	
5:30-6:25 <i>Open Pool</i>	5:30-6:25 <i>Open Pool</i>	5:30-6:25 <i>Open Pool</i>	5:30-6:25 <i>Open Pool</i>	

### Aquatic Therapy Class Descriptions and Fees

**Darlene's Class:** 10x pass is \$145, 20x Pass is \$285

**Open pool:** \$10 per session. One the 15<sup>th</sup> of every month, the following months schedule is available to book; unless it lands on the weekend, then it will be the following business day. Scheduling is fixed, no bouncing around days with no exceptions.

### Aquatic Therapy Pool Rules

1. To work with a Physical Therapist in the pool, an evaluation must be scheduled with the receptionist.
2. To participate in **Open Pool**, please complete the Aquatic Intake, Health History, and Agreement to Participate forms.
3. Don't forget to bring aquatic shoes, towel, a change of clothes to put on after your session, and please be dressed in swimsuit upon arrival
4. Please do not leave personal items in patient restroom. Hanging garment bags are available to store personal items while in the pool. PTS is not responsible for lost or stolen articles.
5. No Street shoes are allowed in the pool area. Aquatic shoes must be worn on the pool deck and in the pool.
6. No entry into the pool water unless a PTS staff member is in the pool area.
7. Everyone must shower before entering the pool to wash off all soaps, lotions, gels, etc.
8. Please remember to use the bathroom before pool sessions.
9. No food or beverages are allowed in the pool area, except for water in plastic containers.
10. No running, diving, or disruptive behavior is allowed.
11. Anyone with an open wound, skin rash, or other potentially contaminating condition will be required to reschedule their pool appointment.

**Please Note:** Our pool features approximately 92-degree water temperature, chair lift for easy accessibility, handrails along sides of pool, shower and changing rooms. Many insurance companies cover Physical Therapy in the pool, but do not cover Open Pool or Aquatic Classes. Unused pool passes are non-refundable.